

SCOTTISH ATHLETICS FEDERATION



**NATIONAL VETERANS
CROSS COUNTRY
CHAMPIONSHIPS**

**JACK KANE CENTRE,
EDINBURGH**

SUNDAY 2nd MARCH 1997

sponsored by

• EDINBURGH •
THE CITY OF EDINBURGH COUNCIL

Women 6,400 Metres	1.30pm
Men 10,000 Metres	2.15pm

SCOTTISH ATHLETICS FEDERATION OFFICE - BEARERS

Hon President	W.M.Campbell C.B.E. Q.C. M.P.
President	P. Carton (Shettleston Harriers)
Vice-President	Prof. R. Morrison (Fife AC)
General Secretary	R.W.Greenock (City of Edinburgh AC)

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener	Mrs E.Gunstone (Fife AC)
Vice Convener	C. Haskett (Dundee Hawkhill H.)
Hon. Secretary	B.A. Goodwin (Bellahouston H.)
Finance Officer	D. McLaren (Penicuik H.)

OFFICIALS

Referee	Ian Clifton (MBE)
Clerks of Course	Sandy Cameron, Gordon Steel
Judges	Danny Wilmoth (Chief) Fred McCluskie, Adrian Stott
Recorders	Jim Young (Chief) Molly Wilmoth, Allan Smith Ian Hislop, Bryan Hislop
Timekeepers	Duncan McLaren (Chief) George McEwan
Starter	Barry Craighead
Declarations/Results	Henry Muchamore, Liz Cameron, Jen Jackson Peter Jackson
Course Marshals	City of Edinburgh AC
Programmes	Heather Jackson
Convener	Alex Jackson

The Scottish Athletics Federation thanks the following for their assistance in running to-days event

City of Edinburgh Council	City of Edinburgh AC
British Red Cross	Mr Laird (Farmer)
Staff of Jack Kane Centre	Edinburgh Orienteering Squad



MESSAGE FROM THE COVENER OF THE ROAD RUNNING AND CROSS COUNTRY COMMISSION

It gives me great pleasure to send greetings to everyone involved in the Scottish Veterans Cross Country Championships.

I am particularly pleased with the choice of venue which helps to celebrate a landmark in the history of the local athletics club in Southern Edinburgh.

Veteran performances are always exceptionally good and I am sure this year's results will be no exception. I trust that you will have an exciting and enjoyable annual championships with many more to come.

Eleanor Gunstone
Convener, Road Running & Cross
Country Commission

VETERAN WOMEN

Declarations Close- 1:00	Race Starts- 1:30
1996 Winner- S.Armitage (Aberdeen AAC)	1996 Team- Aberdeen AAC

Aberdeen AAC-Colours: White with 2 red hoops

1 ARMITAGE,S;(35) 2 MEARNS,K;(35) 3 SIMPSON,U;(40)

Anster Haddies-Colours: Yellow Vest

4 BRADLEY,H;(45)

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

5 BOYD,E;(40)

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

6 THOMSON,T;(35) 7 FISHER,K;(35) 8 HEALY,M;(35) 9 FERRARI,J;(45)

Central AC-Colours: Yellow and Blue

10 WATERHOUSE,J;(40)

City of Glasgow AC-Colours: Royal Blue with Green Panel

11 SINCLAIR,M;(40) 12 THOMPSON,C;(35) 13 HARVIE,A;(40)

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

14 HANLON,G;(40)

Dundee Road Runners-Colours: White with Blue Diagonal

15 STRACHAN,A;(45) 16 ROGER,S;(55)

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

17 HANCOCK,K;(40)

Falkirk Victoria Harriers-Colours: Black with Gold Band

18 STEVENSON,J;(45) 19 DOUGLAS,A;(35) 20 LAWLESS,C;(35)

Fife AC-Colours: White with Red Band

21 MCLAREN,M;(35) 22 LEMONCELLO,P;(45)

Gala Harriers-Colours: White with Green Band

23 AFFLECK,T;(40) 24 RENTON,K;(35) 25 HENDERSON,S;(40)

Helensburgh AAC-Colours: Yellow with Red Band

26 JENNISON,N;(40) 27 JOHNSTONE,N;(45)

Hunters Bog Trotters-Colours: Brown

28 McDONALD,D;(35)

Irvine AC-Colours: Red with Black Trim

29 MCGARRY,L;(40) 30 BYNG,J;(50) 31 MELVILLE,K;(50) 32 BURKE,M;(35)

33 MILLER,M;(35) 34 STEVENSON,J;(35) 35 MORTON,H;(35) 36 MCGILL,M;(45)

Kilbarchan AAC-Colours: Gold with Black Hoop

37 CHAPMAN,K;(45) 65 MOORE,M;(60)

Johnnie Walker Kilmarnock Harriers-Colours: Royal Blue with 2 White Stripes

38 TODD,K;(45)

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

39 FLYNN,A;(40) 40 SUTHERLAND,L;(40)

L & L Track Club-Colours: Lemon with Scarlet Trim

41 CAMPBELL,S;(40)

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

42 MEIKLE,K;(35) 43 GERRARD,A;(35) 44 BRIGHT,L;(45)

Livingston & District AAC-Colours: Yellow with Green Stripe

45 BLAIR,V;(40) 46 DEMPSEY,V;(40) 47 ROTHER,P;(35) 48 SALVONA,J;(35)

Loudoun Runners AC-Colours: Royal Blue with 3 Horizontal Yellow Bands

49 MONTEITH,D;(40)

Maryhill Harriers-Colours: Royal Blue

50 PORTEOUS,S;(35) 51 PORTEOUS,A;(45) 52 GALLACHER,M;(60)

Moray Road Runners-Colours: Dayglow yellow with Black Trim

53 WARDHAUGH,F;(40)

Penicuik Harriers-Colours: Purple with White Panels

54 JONES,C;(40)

Shettleston Ladies-Colours: Blue with Yellow Band

55 DALY,M;(40) 56 FLORENCE,F;(35) 57 REID,E;(35) 58 HARVEY,J;(35) 59 MCKAY,P;(35)

Teviotdale Harriers-Colours: White with Maroon Band

60 KEOGH,M;(50) 61 KNOX,L;(35) 62 CHLOPAS,I;(50)

Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops

63 ROBERTSON,M;(55)

Tynedale Harriers & AC-Colours: Black & White

64 MARR,L;(35)

VETERAN MEN

Declarations Close- 1:45

Race Starts- 2:15

1996 Winner- B.Kirkwood (Leslie Deans RC)

1996 Team- Cambuslang H

Aberdeen AAC-Colours: White with 2 red hoops

1 GREAVES,M;(45) 2 EDWARDS,M;(50) 3 DUGUID,F;(45) 4 CASSELLS,S;(40)

5 RAMSAY,G;(45) 6 SIMPSON,C;(45) 7 ROBSON,J;(55)

Anster Haddies-Colours: Yellow Vest

8 GIBSON,A;(45)

Ayr Seaforth AAC-Colours: White with Red Diagonal Cross

9 BONSOR,A;(40) 10 BOYD,W;(40) 11 CAIRD,J;(40) 12 LAW,A;(40)

Babcock Pitreavie AAC-Colours: Navy/Yellow/White

13 LINAKER,J;(55) 14 CHERRIE,R;(40) 15 DUNCAN,A;(50) 16 RUSSELL,A;(40)

17 HARKNESS,D;(50) 18 BAXTER,P;(40) 19 FORRESTER,S;(40) 20 HUNTER BLAIR,R;(50)

21 COYLE,F;(45) 22 MATHIESON,C;(45)

Bellahouston Harriers-Colours: Dark Blue with Light Blue Cross

23 GOURMLEY,J;(60) 24 IRVINE,J;(60) 25 COLLIE,B;(45)

Cambuslang Harriers-Colours: Red with White Band

26 BATES,J;(40) 27 BLACK,W;(45) 28 BRENNAN,R;(55) 29 DOLAN,T;(50)

30 FAIRWEATHER,D;(50) 31 GORDON,I;(45) 32 GOUGH,B;(40) 33 HEARNS,G;(45)

34 HENDERSON,D;(45) 35 HUGHES,A;(50) 36 HURLEY,F;(40) 37 JENKINS,A;(40)

38 MARSHALL,W;(65) 39 McDONALD,M;(40) 40 QUINN,J;(40) 41 ROBERTSON,J;(40)

42 SLOSS,R;(40) 43 STEWART,E;(40) 44 BARTON,F;(40) 45 BURNS,E;(60)

Central AC-Colours: Yellow and Blue

46 GREENAWAY,R;(40)

Clydesdale Harriers-Colours: White with Black "C"

47 DOLAN,P;(45) 48 EDRIDGE,B;(50) 49 GEMMELL,D;(50) 50 HANRATTY,J;(40)

51 KANE,G;(40) 52 KENNEDY,G;(40) 53 MCINROY,R;(45) 54 PEARSON,L;(50)

55 ROSSBOROUGH,R;(40) 56 RUDZINSKI,P;(45) 57 YOUNG,R;(50)

Kwik Fit Corstorphine AC-Colours: White with Black Trim

58 JONES,R;(50) 59 MCLEAN,G;(40) 60 ROSS,E;(40)

Cumbernauld AAC-Colours: Sky Blue with Maroon Band

61 MCCRAE,S;(50)

Cumnock & District AC-Colours: Black with Red Diagonal Band

62 GEMMELL,J;(40)

Dumbarton AAC-Colours: Black with Red Band

63 MARTIN,C;(50) 64 WALSH,P;(40) 65 CORRIGAN,P;(40) 66 CHRISTIE,W;(45)

67 HARRISON,J;(40) 68 HARRISON,D;(40) 69 ELLIS,I;(50) 70 FLETCHER,D;(40)

71 WASTENEY,C;(40)

Dundee Hawkhill Harriers-Colours: Blue and White Quarters

72 KERR,S;(40) 73 BORLAND,S;(40) 74 HORNSBY,I;(40) 75 DURNIN,J;(40)

76 BELL,R;(40) 77 MONCUR,I;(40) 78 HAMILTON,D;(45) 79 OUDNEY,A;(40)

80 HANLON,G;(40) 81 MCGREGOR,J;(45) 82 CROMAR,S;(55) 83 BIRSE,A;(50)

84 KILCULLEN,T;(55) 85 PHELAN,J;(40) 86 KING,E;(60)

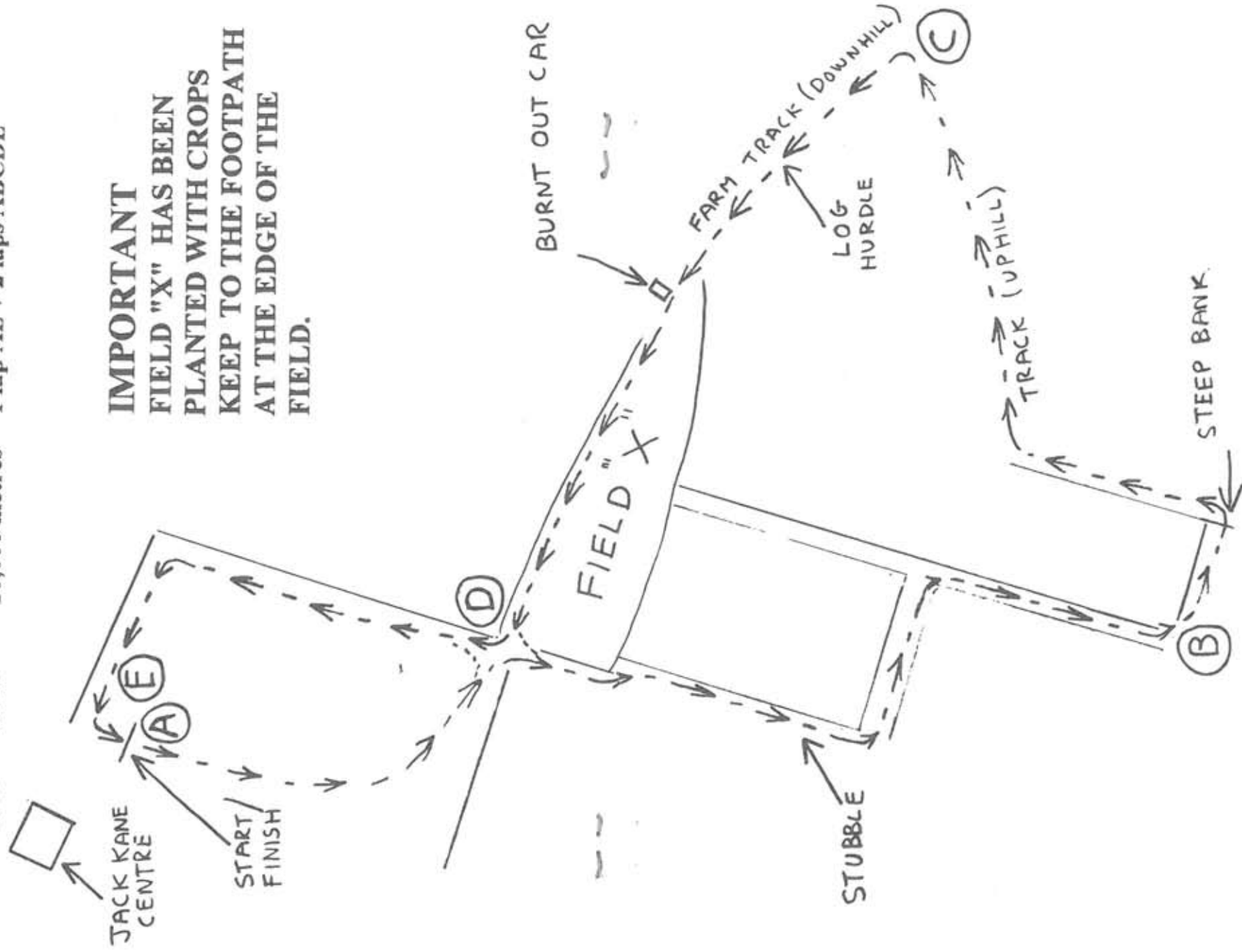
Dundee Road Runners-Colours: White with Blue Diagonal

87 ANDERSON,C;(40) 88 MCGILL,R;(45) 89 HUNTER,A;(40) 90 CONNELLY,S;(60)

East Kilbride AAC-Colours: Gold with 2 Black hoops

91 ROONEY,B;(40) 92 STEVEN,B;(40)

TIME	RACE	DISTANCE	COURSE
1.30	Women	6,400 metres	1 lap ABCD + DBCDE
2.15	Men	10,000 metres	1 lap AE + 2 laps ABCDE



IMPORTANT
FIELD "X" HAS BEEN
PLANTED WITH CROPS
KEEP TO THE FOOTPATH
AT THE EDGE OF THE
FIELD.

Scottish National Veterans Cross Country Championships
Jack Kane Centre, Edinburgh Sunday 2nd March 1997

City of Edinburgh AC-Colours: White with one Blue, one Black Hoop

93 BANKOWSKI,Z;(50) 94 BEGLEY,B;(45) 95 BRANNIGAN,W;(55) 96 COCKBURN,B;(45)
97 FISHER,E;(50) 98 FLYNN,M;(40) 99 GALLACHER,W;(45) 100 HOWIE,B;(45) 101 KAY,L;(45)
102 MCEWAN,A;(40) 103 MCFALL,B;(60) 104 ROBERTSON,M;(45) 105 SCOTT,A;(40)
106 SMITH,C;(45) 107 STEELE,G;(60) 108 STEVENSON,E;(45) 109 CAMERON,S;(55)
110 CRAVEN,M;(55) 111 GLASS,A;(45) 112 HILL,R;(40) 113 MCLEOD,M;(45)
114 MCCASKEY,W;(60) 115 MCCORRIE,B;(40) 116 MUNTON,P;(45) 117 STARK,R;(55)
118 STEVENSON,P;(45) 119 WEAVERS,T;(45) 120 GRAY,M;(45) 121 GRIFFITHS,A;(45)

Falkirk Victoria Harriers-Colours: Black with Gold Band

122 GILLESPIE,D;(40) 123 MCKENZIE,D;(45) 124 MARTIN,J;(40) 125 MCGARVA,J;(40)
126 MCKERRACHER,P;(40) 127 EASTON,S;(45) 128 RODGER,A;(45) 129 STEMPCZYK,T;(45)
130 GILLESPIE,W;(70) 131 LOTHIAN,D;(40) 132 GRAY,R;(50)

Ferranti AAC-Colours: Yellow with Black letters

133 SHAW,J;(60) 134 RIDLEY,T;(40) 135 WESTON,K;(50) 136 BROWN,R;(40)
137 MCDONALD,E;(45) 138 LAIDLAW,C;(40) 139 GAVIN,J;(45) 140 THOMSON,B;(45)
141 JACKSON,A;(45) 391 BANKHEAD,M;(40)

Fife AC-Colours: White with Red Band

142 ROSS,C;(40) 143 BARKER,G;(40) 144 KNOWLES,S;(40) 145 LUMSDEN,J;(40)
146 MILLS,R;(40) 147 MARTIN,T;(45) 148 MCCREADIE,M;(40) 149 KUZYSZYN,M;(45)
150 GUNSTONE,D;(45) 151 GRAVES,S;(45) 152 BARKER,A;(45) 153 MCLAREN,F;(45)
154 SCOBIE,M;(50) 155 HOLDEN,J;(50) 156 BENNISON,G;(50) 157 MEIKLEJOHN,A;(50)
158 LEGGETTE,J;(50) 159 ADAM,D;(60) 392 MORRISON,R;(50)

Gala Harriers-Colours: White with Green Band

160 KERR,T;(45) 161 CAPPER,G;(40) 162 KNOX,J;(50) 163 ELLIOT,B;(50)
164 BENNET,M;(50) 165 PAXTON,J;(40) 166 HUNTER,J;(45) 167 ANDERSON,B;(40)

Garscube Harriers-Colours: White with Blue Band

168 DRYDEN,J;(45) 169 IRVINE,S;(45) 170 DUNN,I;(40) 171 MCGLYNN,P;(45)
172 GEDDES,D;(40) 173 DOWNIE,R;(45) 174 PARKER,A;(45) 175 DONALD,B;(70)
176 SMITH,L;(40)

Greenock Glenpark Harriers-Colours: Sky Blue with Royal Blue and Gold Hoops

177 SHAW,R;(40) 178 RUSSELL,P;(40) 179 RUSSELL,J;(45) 180 MCNEILL,D;(50)
181 GUY,D;(45) 182 HODELET,R;(50) 183 KNIGHT,T;(50) 184 CARRUTHERS,J;(45)
185 KERR,J;(40) 186 MCLAUGHLIN,W;(40)

Greenock Wellpark Harriers-Colours: White with Black Hoop

187 GAFFNEY,G;(40)

Haddington East Lothian Pacemakers-Colours: Red and White Halves

188 MCDONALD,P;(45) 189 SMITH,J;(45) 190 HARRIS,R;(45) 191 MCCAIN,F;(45)
192 WALLACE,S;(45) 193 PEACOCK,B;(50) 194 CARR,B;(45)

Hamilton Harriers-Colours: White with Red Facings

195 LAIRD,R;(40) 196 BERRY,J;(40) 197 MCLINDEN,A;(45) 198 LONGWORTH,P;(45)
199 GALLACHER,W;(45) 200 CAMPBELL,B;(50) 201 GIBSON,H;(60) 202 HAMILL,W;(60)

Helensburgh AAC-Colours: Yellow with Red Band

203 BRAMMER,N;(45) 204 COLMER,C;(50)

Hunters Bog Trotters-Colours: Brown

205 BAXTER,S;(40) 206 FOSTER,J;(60) 207 KEOGH,J;(45) 208 MALCOLM,I;(50)
209 MARSHALL,I;(45) 210 MCCUAIG,C;(45) 211 OLLERHEAD,C;(45) 212 SCOTT,E;(45)
213 TAYLOR,D;(45) 214 THOMAS,R;(40) 215 WALL,R;(40)

IBM Spango Valley AC-Colours: Vertical Yellow and Blue Stripes

216 SPENCE,C;(45) 217 MARTIN,D;(50)

Inverness Harriers-Colours: Gold with Maroon Diagonal

218 DAVIDSON,J;(50)

Irvine AC-Colours: Red with Black Trim

219 KERR,D;(60) 220 ADAM,B;(40) 221 CHEYNE,R;(50) 222 NEWBIGGING,J;(60)
223 MCMANUS,I;(55) 224 RENNIE,A;(45) 225 STEVENSON,J;(40) 226 DALE,B;(45)

Kilbarchan AAC-Colours: Gold with Black Hoop

227 MCMILLAN,J;(50) 228 DAVIDSON,J;(45)

Kirkintilloch Olympians-Colours: Sky Blue with White and Black Hoops

229 CAMPBELL,I;(40) 230 DURNAN,M;(40) 231 MCLEAN,G;(45) 232 MOXON,S;(40)
233 MCNEIL,K;(40)

Lasswade AAC-Colours: White with 2 Blue Bands and Red Band

234 VEITCH,J;(50) 235 KETTLES,R;(60) 236 HUTTON,E;(40) 237 BOURHILL,J;(55)
238 MARTIN,J;(45) 239 GERRARD,J;(40)

Law & District AAC-Colours: Amber with 2 Red Bands and 1 White Band

240 KELLY,P;(50) 241 GOURLAY,J;(50) 242 DRYSDALE,W;(60)

Livingston & District AAC-Colours: Yellow with Green Stripe

243 AGNEW,A;(45) 244 BALFOUR,S;(45) 245 DEMPSEY,S;(45) 246 NORTHAM,C;(45)
247 REDPATH,K;(45) 248 WARNER,J;(45)

Metro Aberdeen RC-Colours: Red

249 BENZIES,C;(40) 250 CLYNE,F;(40) 251 JENNINGS,P;(40) 252 STEWART,J;(40)
253 VARNEY,K;(40) 254 WILLIAMSON,I;(40) 255 YOUNGSON,C;(45)

Mizuno Racing Club-Colours: Purple

256 COYNE,M;(60) 257 GRAHAM,J;(40) 258 HUTTON,A;(40) 259 KIRKWOOD,B;(40)
260 ROBSON,J;(40)

Moray Road Runners-Colours: Dayglow yellow with Black Trim

261 PATERSON,E;(45) 262 MILNE,G;(45) 263 STEWART,D;(50)

Penicuik Harriers-Colours: Purple with White Panels

264 BROWNE,M;(50) 265 CAIRNS,D;(45) 266 MUMFORD,J;(45) 267 SMITH,D;(40)

Perth Strathay Harriers-Colours: Orange with Blue Trim

268 WATSON,G;(40) 269 MCCABE,S;(40) 270 WATSON,N;(40)

Shettleston Harriers-Colours: Blue with Yellow Band

271 MCBRINN,W;(65)

Springburn Harriers-Colours: Navy Blue with White Diamond

272 O'REILLY,T;(60) 273 WEBB,H;(50) 274 HARPER,J;(50) 275 DICKSON,E;(45)
276 THOM,F;(45)

Teviotdale Harriers-Colours: White with Maroon Band

277 REID,A;(40) 278 HENRY,G;(40) 279 EMMERSON,B;(45) 280 MCCLURE,M;(40)
281 MALTMAN,N;(40) 282 CANNON,F;(45) 283 PITTILLO,J;(60) 284 HOGG,A;(45)
285 TAYLOR,N;(45) 286 PRINGLE,W;(55) 287 SPENCE,B;(45) 288 GIBB,B;(40)
289 RAE,R;(50) 290 SAMUEL,A;(45) 291 ELLIOT,K;(40) 292 KNOX,J;(45) 293 MARSH,J;(40)
294 KNOX,W;(45)

Troon Tortoises AC-Colours: Yellow with 2 Black Half hoops

295 ROBERTSON,S;(65)

Victoria Park AAC-Colours: Blue and White Hoops

296 DOYLE,J;(40) 297 BROWN,K;(45) 298 NICOL,A;(40) 299 MCVEY,K;(45)
300 MCGREGOR,P;(45) 342 MCPHEE,J;(50) 343 CRAWFORD,I;(45)

Wrexham AAC-Colours: Maroon

344 BROWN,B;(40)

Calne Running Club

345 GARDNER,B;(40)

100K Association

346 WILLIAMSON,N;(40)

Unattached

347 MCCREADY,R;(60) 348 MUIR,A;(50) 349 WATTERS,A;(40) 350 KIDD,A;(60)
389 ARMITAGE,A;(40) 390 DUNCAN,A;(70)

M40
 1972 W.Stoddart (Greenock Wellpark H.)
 1973 W.Stoddart (Greenock Wellpark H.)
 1974 C.McAlinden (Pahley H.)
 1975 C.McAlinden (Pahley H.)
 1976 C.McAlinden (Pahley H.)
 1977 W.Stoddart (Greenock Wellpark H.)
 1978 W.Stoddart (Greenock Wellpark H.)
 1979 W.Stoddart (Greenock Wellpark H.)
 1980 D.McGregor (Fife AC)
 1981 M.Craven (Edinburgh Southern H.)
 1982 A.Brown (Clyde Valley AC)
 1983 D.McGregor (Fife AC)
 1984 R.Hodelet (Greenock Glenpark H.)
 1985 R.Hodelet (Greenock Glenpark H.)
 1986 B.Scoble (Maryhill H.)
 1987 B.Scoble (Maryhill H.)
 1988 C.Youngson (Aberdeen AAC)
 1989 C.Youngson (Aberdeen AAC)
 1990 G.Meredith (Victoria Park AAC)
 1991 I.Elliot (Teviotdale H.)
 1992 I.Elliot (Teviotdale H.)
 1993 B.Kirkwood (Racing Club Edinburgh)
 1994 B.Kirkwood (Racing Club Edinburgh)
 1995 B.Kirkwood (Leslie Deans Racing Club)
 1996 B.Kirkwood (Leslie Deans Racing Club)
 M45
 1989 A.Adams (Dumbarton AAC)
 1990 A.Adams (Dumbarton AAC)
 1991 A.Adams (Dumbarton AAC)
 1992 A.Adams (Dumbarton AAC)
 1993 C.Youngson (Aberdeen AAC)
 1994 B.Emmerson (Teviotdale H.)
 1995 B.Emmerson (Teviotdale H.)
 1996 G.Sim (Moray Road Runners)

M50
 1972 A.Forbes (Victoria Park AAC)
 1973 W.J. Ross (Garscube H.)
 1974 G.Martin (Springburn H.)
 1975 T.Harrison Maryhill H.)
 1976 C.O'Boyle (Chesdale H.)
 1977 R.Kane (Victoria Park AAC)
 1978 W.Marshall (Clyde Valley H.)
 1979 H.Mitchell (Shettleston H.)
 1980 W.Marshall (Motherwell YMCA)
 1981 W.Marshall (Motherwell YMCA)
 1982 W.Stoddart (Greenock Wellpark H.)
 1983 A.Wood (Aberdeen AAC)
 1984 W.Stoddart (Greenock Wellpark H.)
 1985 W.Stoddart (Greenock Wellpark H.)
 1986 W.Stoddart (Greenock Wellpark H.)
 1987 J.Irvine (Bellahouston H.)
 1988 W.Stoddart (Greenock Wellpark H.)
 1989 J.Maitland (Lochaber AC)
 1990 J.Linaker (Pithead AAC)
 1991 D.McGregor (Fife AC)
 1992 G.Armstrong (Haddington ELP)
 1993 D.McGregor (Fife AC)
 1994 A.Adams (Dumbarton AAC)
 1995 A.Adams (Dumbarton AAC)
 1996 A.Duncan (BT Pithead AAC)
 M55
 1989 H.Gibson (Hamilton H.)
 1990 H.Rankin (JW Kilmarnock AC)
 1991 W.Gauld (Carnethy HRC)
 1992 H.Rankin (JW Kilmarnock AC)
 1993 W.Gauld (Carnethy HRC)
 1994 H.Morrison (Edinburgh AC)
 1995 J.Linaker (BT Pithead AAC)
 1996 J.Linaker (BT Pithead AAC)

M60
 1972 J.E.Farrell (Maryhill H.)
 1973 H.Smith (Maryhill H.)
 1974 J.E.Farrell (Maryhill H.)
 1975 G.Porteous (Maryhill H.)
 1976 G.Porteous (Maryhill H.)
 1977 G.Porteous (Maryhill H.)
 1978 A.Forbes (Victoria Park AAC)
 1979 J.E.Farrell (Maryhill H.)
 1980 A.Forbes (Victoria Park AAC)
 1981 D.Morrison (Shettleston H.)
 1982 G.Porteous (Maryhill H.)
 1983 J.Clark (Clyde Valley AC)
 1984 J.Kelly (Shettleston H.)
 1985 J.Clark (Clyde Valley AC)
 1986 M.Scott (Haddington ELP)
 1987 W.Temple (Unattached)
 1988 W.Marshall (Motherwell YMCA)
 1989 W.Marshall (Motherwell YMCA)
 1990 W.Marshall (Motherwell YMCA)
 1991 W.Marshall (Motherwell YMCA)
 1992 W.Stoddart (Greenock Wellpark H.)
 1993 A.Brown (Law & District AAC)
 1994 A.Brown (Law & District AAC)
 1995 B.Gauld (Carnethy HRC)
 1996 T.O'Reilly (Springburn H.)
 M65
 1989 T.Harrison (Maryhill H.)
 1991 H.McGinley (Falkirk Victoria H.)
 1992 W.Gillespie (Falkirk Victoria H.)
 1993 W.Marshall (Scottish Veteran H.)
 1994 W.Marshall (Cambuslang H.)
 1995 W.Marshall (Cambuslang H.)
 1996 W.Marshall (Cambuslang H.)

M70
 1991 T.Harrison Maryhill H.)
 1992 T.Harrison Maryhill H.)
 M75
 1989 D.Morrison (Shettleston H.)
 1992 G.Porteous (Maryhill H.)

TEAMS
 1972 Greenock Wellpark H.
 1973 Springburn H.
 1974 Springburn H.
 1975 Springburn H.
 1976 Springburn H.
 1977 Edinburgh AC
 1978 Springburn H.
 1979 Edinburgh Southern H.
 1980 Edinburgh Southern H.
 1981 Clyde Valley AC
 1982 Clyde Valley AC
 1983 Edinburgh Southern H.
 1984 Shettleston H.
 1985 Shettleston H.
 1986 Pithead AAC
 1987 Pithead AAC
 1988 Pithead AAC
 1989 Aberdeen AAC
 1990 Aberdeen AAC
 1991 Teviotdale H.
 1992 Aberdeen AAC
 1993 Teviotdale H.
 1994 Teviotdale H.
 1995 Dumbarton AAC
 1996 Cambuslang H.

PREVIOUS WOMEN VETERAN CHAMPIONS

W35	1993 S.Branney (City of Glasgow)	W50	1993 S.Roger (Dundee Roadrunners)
1994 T.Thomson (BT Pithead AAC)	1994 J.Phillips (Lasswade AC)		
1995 T.Thomson (BT Pithead AAC)	1995 J.Byng (Irvine AC)		
1996 S.Armitage (Aberdeen AAC)			
W40	1993 J.Stevenson (Falkirk Victoria H)	W55	1993 M.Moore (Kilbarchan AAC)
1994 J.Stevenson (Falkirk Victoria H)	1994 M.Moore (Kilbarchan AAC)		
1995 G.Hanlon (Dundee Hawkhill H)	1995 M.Moore (Kilbarchan AAC)		
1996 L. McGarry (Irvine AC)	1996 M.Gallacher (Maryhill H.)		
W45	1993 M.Robertson (Dundee Roadrunners)	TEAMS	
1994 P.Lemoncello (Fife AC)	1993 Fife AC		
1995 M.Robertson (Dundee Road Runners)	1994 Fife AC		
1996 J.Stevenson (Falkirk Victoria H.)	1995 Livingston & D AAC		
	1996 Aberdeen AAC		

NATIONAL VETS VENUES

1997 EDINBURGH
 1996 NEW ELGIN
 1995 HAWICK
 1994 TROON
 1993 ST ANDREWS
 1992 TROON
 1991 LINLITHGOW
 1990 DUMFRIES
 1989 ABERDEEN
 1988 CLYDEBANK
 1987 MUSSELBURGH
 1986 BISHOPBRIGGS

NATIONAL VETERANS CROSS COUNTRY CHAMPIONSHIPS NEW ELGIN, SATURDAY 24th FEBRUARY 1996

MEN		
1st	B.Kirkwood (LDRC)	33.49
2nd	G.Gaffney (Greenock W.H.)	34.40
3rd	F.Barton (Keith & D AAC)	35.07
4th	G.Sim (Moray R.R.)	35.13
5th	K.Varney (Metro Aber.)	35.15
6th	N.Maltman (Teviotdale H.)	35.33
WOMEN		
1st	S.Armitage (AAAC)	25.26
2nd	J.Stevenson (FVH)	26.13
3rd	J.Salvona (Liv & D AAC)	26.52
4th	P.Rother (Liv & D AAC)	27.15
5th	K.Mearns (AAAC)	28.07
6th	H.Morton (Irvine AC)	28.29

Teams
 1st Cambuslang H 52
 2nd Metro Aber 64
 3rd Teviotdale H. 91
 Teams
 1st Aberdeen AAC 15
 2nd Livingston & D 22
 3rd Falkirk V.H. 43